

## Mental Health and other Resources for Santa Clarita Valley and Surrounding Areas

- **Child & Family Center, Santa Clarita** <http://www.childfamilycenter.org/>
- **College of the Canyons Student Health & Wellness Resource Website:**  
<https://www.canyons.edu/student-services/health/index.php>
- **Henry Mayo Newhall Hospital Behavioral Health Free and Confidential MH Screening Website:**  
<http://screening.mentalhealthscreening.org/#/henrymayo>
- **Mental Health America** [www.mentalhealthamerica.net](http://www.mentalhealthamerica.net)
- **Mental Health: It's Part of All Our Lives 1-800-789-2647** [www.allmentalhealth.samsha.gov](http://www.allmentalhealth.samsha.gov)
- **National Child Traumatic Stress Network** <http://www.nctsn.org/>
- **National Council for Community Behavioral Healthcare** [www.thenationalcouncil.org](http://www.thenationalcouncil.org)
- **National Institute for Mental Health** [www.nimh.nih.gov](http://www.nimh.nih.gov)
- **National Suicide Prevention Lifeline at 1-800-273-TALK** [www.suicidepreventionlifeline.org](http://www.suicidepreventionlifeline.org)
- **Reachout.com** <http://us.reachout.com/reachouthere>
- **SAMHSA Site for Coping with Disaster and Traumatic Events:**  
<http://www.samhsa.gov/trauma/?from=carousel&position=1&date=02282012>
- **Student Mental Health Link to Information**  
<http://www.affordablecollegesonline.org/college-student-mental-health/>
- **Teen Line** [www.teenlineonline.org](http://www.teenlineonline.org)
- **SCV Youth Project (661) 257.YOUTH (9688)** [www.helpnothassle.org](http://www.helpnothassle.org)
- **Stop Bullying** [www.stopbullying.gov](http://www.stopbullying.gov)

<b>ACCESS (DMH Mental Health Hotline)</b>	<b>(800) 854-7771</b>
Asian Pacific Counseling & Treatment Center	(818) 267-1100
<b>Child &amp; Family Center, Santa Clarita (Children, Youth and Adults)</b>	<b>(661) 259-9439</b>
Child and Family Guidance Center – Northridge	(818) 993-9311
Children’s Bureau	(661) 272-9996
<b>College of the Canyons Student Health &amp; Wellness Center</b>	<b>(661) 362-3259</b>
Counseling 4 Kids	(818) 441-7800
Counseling West - Adult and Children Sherman Oaks	(818) 990-9898
<b>Department of Mental Health (DMH) ACCESS Line (PMRT):</b>	<b>(800) 854-7771</b>
Didi Hirsch – Children & Adult Mental Health & Substance Abuse	(888) 807-7250
East Valley Youth & Family Center	(818) 574-7745
El Centro de Amistad	(818) 898-0223
Gay & Lesbian National Hotline	(888) 843-4564
Grace Baptist Church	(661) 296-8737
Hathaway-Sycamores	(818) 896-2255
Help Group	(818) 267-2646
Henry Mayo Newhall Hospital Behavioral Health	(661) 200-1080
Kaiser Behavioral Health	<b>1-800-700-8705</b> (818) 758-1200
Mission City Community Network, Inc. - Medication	(818) 830-1008
National Alliance for the Mentally Ill	(818) 994-6747
<b>Olive View Urgent Care for Mental Health</b>	<b>(818) 485-0888</b>
Penny Lane	(818) 332-8321
Prima Pediatrics – Medication Evaluation	(661) 424-9000
Regional Center (North Los Angeles County Regional Center)	(661) 775-8450

Rehabilitation, Department of	661-799-1020
Samuel Dixon Family Health Centers Mental Health Counseling	(661) 291-1777
San Fernando Mental Health Center - County DMH	(818) 832-2400
<b><u>Santa Clarita Mental Health</u></b>	<b>(661) 288-4800</b>
Santa Clarita Valley Food Pantry	(661) 255-9078
Santa Clarita Valley Service Center	(661) 254-0070
Santa Clarita Valley Youth Project	(661) 257-9688
Single Mothers Outreach	(661) 298-9593
<b>Sheriff Dept (LASD in SCV)</b>	<b>911 or (661) 255-1121</b>
<b><u>Strengths United (formerly Valley Trauma Center)</u></b>	
Hotlines: 818-886-0453	(661) 253-0257
Consultation and Information:	(818) 787-9700
The Village and Family Services and Youth Drop In Center	(818) 755-8786
<b><u>Urgent Mental Health Care (DMH) In Sylmar</u></b>	<b>(818) 485-0888</b>
Valencia Counseling Associates	(661) 259-8200
Valley Child Guidance Center - Palmdale	(661) 265-8627
Valley Coordinated Children Services	(818) 708-4500
Valley Prevention & Treatment Center - Children & Adults	(661) 251-1023
<b><i>Other Services/Support Groups</i></b>	
• ACTION Family Counseling	(800) 367-8336
• A Light of Hope Ages 13-30 <a href="http://www.alightofhopescv.org">www.alightofhopescv.org</a>	(661) 513-4325
• Alcoholics Anonymous	(661) 259-0802
• Because I Love You (Parents & Youth Support Groups)	(818) 882-4881
• Bridge to Home Client Services Center	(661) 254-4663
• DCFS Child Protection Hotline	(800) 540-4000
• Domestic Violence Hotline (Now at Child & Family Center)	(661) 259-8175
• Health Resource Center on Domestic Violence	(888) 792-2873
• National Council on Alcohol & Drugs	(661) 253-9400
• PFLAG	(661) 255-9308
• Salvation Army Services (Santa Clarita Valley)	(661) 799-5841
• Salvation Army Services (Canoga Park)	(818) 883-6321
• Santa Clarita Valley Senior Center <a href="http://scv-seniorcenter.org">scv-seniorcenter.org</a>	(661) 259-9444

- **SCV Pregnancy Center** (Screening, options counseling) (661) 255-0082
- **Way Out Recovery** (661) 296-4444

**Psychiatrists**

- Basta, Fawzy, MD. Adolescent & Adults (818) 886-5628
- Berglund, Robin, M.D. (818) 784-4706
- Daniels, Marsha, MD (818) 995-7848  
<http://bit.ly/2uGHRJN>
- Li, Eric MD (310) 442-9449
- McDonald Mark, MD (310) 954-9564
- Sassano-Higgins, Sean (661) 414-4983
- Steinberg, Lance, MD (818) 224-3540

**Licensed Psychologists – All listed below will see Adults & Children**

- C&FC Family Wellness Program (661) 259-9439
- Cowell, Donald Ph.D. (661) 257-4340
- Criss-Hagerty, Julie Ph.D. (661) 287-9751
- Dunbar, Nancy Ph.D. (661) 288-2324
- Hamlin, Greg PsyD: (661) 295-9502
- Harter, Karen Ph.D. (818) 734-9330
- Mahler, Bonnie Ph.D. (661) 260-3131
- Peters Glen Psy.D. (818) 475-2666
- Resendez, Larry Psy.D. (661) 373-5883
- Schulman, Lee Ph.D. (661) 263-2680
- Steinman, Lynne Ph.D. (Adults only) (661) 259-0144
- Theberge, Denise Ph.D. (661) 254-3577
- Witkin, Michelle Ph.D. (661) 753-3987

**Licensed Marriage Family Therapist or Licensed Clinical Social Worker**

- Child & Family Center Family Wellness Program (661) 259-9439
- Crawford, Lori LCSW (661) 993-2645
- Diaz, Dilyse L.M.F.T. (Sp.) (661) 904-0113
- Janes, Claudia MFT (661) 645-8282
- Jones, Christopher C. CAGS Dynamic Intervention (661) 257-1254
- King, Walter M.ED., M F T (661) 287-9337
- Lumaya, Jeffrey LCSW (661) 733-4434
- Lutness, Carole LCSW (661) 755-7524
- Luzevich, Megan LMFT (818) 900-5348
- Meek, Helen MFT (661) 259-6100
- Posalski, Richard LCSW (818) 773 9988
- Reed, Debbie M.S.MFT (661) 287-4243
- Rouselo, Heather LMFT (661) 212-2997
- Schultz, Wendy MFT (661) 297-0362
- Strong, Charlotte LCSW (661) 713-7798

## ***Family Guide***

[www.sprc.org/sites/sprc.org/files/private\\_page\\_materials/Time to Talk About It Family Guide 1.pdf](http://www.sprc.org/sites/sprc.org/files/private_page_materials/Time_to_Talk_About_It_Family_Guide_1.pdf)

## ***Medical***

**Kaiser Behavioral Health** Valencia <http://kpbhc.kaisersantaclara.org/locations.php>  
(408) 851-4850

**UCLA Internal Medicine-Pediatrics** <https://www.uclahealth.org/santa-clarita/our-physicians>  
(661) 753-5464  
27235 Tourney Rd. Valencia, CA 91355

Dorio, Gene MD  
(661) 254-5554  
23206 Lyons Ave, Newhall, CA 91321